



Cheesy Keto Taco Chips

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INGREDIENTS

1 cup shredded mozzarella or cheddar cheese one 1 oz. packet of taco seasoning







DIRECTIONS

- 1. Preheat oven to 400 degrees F.
- 2. Line a baking sheet with parchment paper.
- Divide the shredded cheese into six equal mounds on the baking sheet. Ensure mounds are at least 2 inches apart. Gently flatten with your hands.
- 4. Bake for 5-8 minutes or until edges are golden brown.
- Once removed from the oven, remove excess fat from the top of the chip by dabbing with a paper towel.
- Evenly sprinkle taco seasoning while chips are stil hot. If chips completely cool down, it will be hard for the seasoning to stick.
- Let chips sit on cookie sheet to cool and crisp up before serving. Chips will harden naturally.



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